


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				(1) SWEET AND SOUR PORK (31) Steamed Brown Rice(16) Brussell Sprouts(7) Chocolate Pudding(10)
(4) SLOPPY JOES (8) ON A WHOLE WHEAT BUN (25) Glazed Carrots (10) Apple (21) White Cake (27)	(5) CHICKEN & PASTA ALFREDO (21) Broccoli Florets (4) Baked Apples (23)	(6) HONEY MUSTARD PORK CHOP (12) Cheesy Mashed Potatoes (14) Venetian Blend Veggies (6) Pineapple Chunks (18)	(7) SCRAMBLED EGGS (3) Sausage Links (1) Seasoned Cubed Potatoes (18) Apple Slices (7) Orange Juice (13)	(8) CHICKEN PARMESAN (24) Buttered Noodles (43) Peas /Carrots (18) Garlic Knots (22) Jello (22)
(11) DUTCH CHICKEN (8) Cheesy Mashed Potatoes (14) Peas /Carrots (9) Tropical Fruit Salad (21) Orange Juice (13)	(12) ITALIAN SPAGHETTI SAUCE (8) Al Dente Spaghetti (20) Spinach (5) Oatmeal Raisin Cookie (23)	(13) SWEET AND SASSY MEATBALLS (52) Diced Redskin Potatoes w/onion (13) Green Beans (5) Apricots (15)	(14) TENDER BEEF TIPS (8) Buttered Noodles (13) Glazed Carrots (10) Orange Juice (13)	(15) CHICKEN FINGERS (39) Baked Potato (24) Cauliflower (4) Jello (24)
(18) SOUTHWEST CHICKEN (6) Cauliflower (4) Raspberry Chimichanga (22)	(19) CLASSIC CHEESEBURGER (0) ON A WHOLE WHEAT BUN (25) Tator Tots (15) Peas and Carrots(9) Banana (27)	(20)SAUERKRAUT w/ DICED PORK (4) Parsley Potatoes (13) Calif Blend Veggies (4) Peach (16)	(21) BAKED TURKEY (3) Mashed Potatoes (17) Turkey Gravy (2) Green Beans (5) Banana Pudding (25)	(22) ALMOND MANDARIN SALAD (37) Jello (22)
(25) 	(26) ASIAN CHICKEN (30) Steamed Brown Rice Spring Rolls (14) Pineapple Orange Delight (31)	(27) ITALIAN STEAK SANDWICH (4) Whole Wheat Hamburger Bun (25) Baked Potato (24) Green & Yellow Beans (6) Orange Juice (13)	(28) MARINATED CHICKEN BREAST (1) Baked Potato (18) Broccoli Florets (4) Banana Pudding (25)	(29) HOT DOG (1) WITH CONEY SAUCE (6) On a Whole Wheat Bun (19) Baked Potato (33) Peas & Pearl Onions (12) Pear (23)

All Meals at the Activity Centers served with Fat-Free Milk (13)

Number next to the menu item indicates carbohydrate count.

Menu is subject to change without notice.

Be advised menu items may contain nuts.